

Mai Saleh Quattash, Ph.D.

Professional Psychologist and Consultant



Personal Data

Year of Birth: 1978
Marriage status: Married
Citizenship: Jordanian
Address: Amman, Jordan

Phone Number

+966 54 373 4611
+962 777 277 951

Email

mai.qattash@yahoo.com
mai@drmai.net

YouTube

<https://www.youtube.com/@DrMaiQattash>

Technical Skills

Cognitive Evaluation

Intelligence Testing

Psychometric/Clinical Assessment

Psychological Support

Survey Design and Administration

Evaluation Techniques

Statistical Analysis

Research Methods

Project Management

Information Literacy

LANGUAGES

Arabic

English

Profile

As a seasoned psychologist with dual doctoral certificates and over 15 years of experience, I have dedicated myself to providing tailored psychological services. My expertise extends to working with diverse individuals ranging from children to young adults, families, educational institutions, and universities. My focus is on fostering mental well-being, effective communication, and optimal learning outcomes.

With a wide-ranging skill set, I specialize in conducting cognitive assessments, utilizing psychometric testing, proficiently conducting mental health evaluations, and enhancing cognitive abilities and learning aptitude. My primary goal is to develop customized solutions that address the unique needs of individuals, ensuring their recognition and approval within the field of psychology.

Through my professional guidance and innovative approaches, I am dedicated to empowering individuals to overcome challenges and achieve their desired outcomes. By staying informed about the latest psychological research and best practices, I consistently provide cutting-edge solutions that have a lasting impact.

In addition to my psychological expertise, I am also honored to be a Certified Academic Consultant for Researchers and Scholars in Turkey. Furthermore, I am proud to be recognized as one of the top Arab female personalities for the prestigious 2022-2023 period by the distinguished Encyclopedia of Leading Arab Female Personalities.

Experience

Independent Solutions Provider - Consulting and Training

April 2023 – Present

- Provide independent psychological consulting services specializing in career, academic, and mental health.
- Provide independent consulting services leveraging expertise in Cognitive and Intelligence Assessment, Psychometric and Clinical Assessment, and Educational Evaluation and Measurement
- Conduct comprehensive assessments evaluating clients' cognitive abilities, mental health, career interests, and academic potential by applying recognized tools such as WAIS, MMPI, SB5, and authentic assessments.
- Analyze assessment results and provide personalized reports with detailed profiles, diagnoses, and recommendations.
- Offer individual and group counseling sessions applying evidence-based approaches like CBT and solution-focused therapy.
- Deliver bespoke training and workshops enhancing clients' competencies in psychometric assessment, practical research methods, higher-order thinking skills, and evidence-based counseling approaches.
- Develop and deliver online and in-person workshops/training on topics like stress management, test anxiety, career planning, etc.
- Partner with universities, organizations, and private practices to undertake specific consulting projects in areas of research, program evaluation, and staff training.

- Manage diverse projects from strategy to implementation utilizing expertise in survey design, mixed-methods, predictive analytics, and international standards in research oversight.
- Perform independent Quality Assurance reviews of scholarly articles as a certified research arbitrator, ensuring compliance with publishing guidelines.

Managing Director - Right Choice

Jordan Branch: Aug 2017 - Jan 2024

Kuwait Branch: Oct 2016 - July 2017

- Managed multiple psychological assessment projects, administering cognitive and mental health tests to 10000+ individuals.
- Analyzed test results and recommended tailored interventions and career guidance for clients.
- Led the main office operations and supervised a team of intelligence testers.
- Personally conducted Stanford-Binet IQ tests for 750+ students, diagnosing learning needs for 90% of clients
- Provides strategic leadership and oversees all day-to-day operations and business activities to ensure the company's financial success.

Special Needs English Teacher

Arab American Bilingual Academy, Kuwait

Sep 2015 - Aug 2016

- Responsible for developing and delivering engaging English lessons to students with disabilities.
- Developed individualized education plans (IEPS), assessed student progress, and collaborated with other teachers.

Education

2024 Doctor of Philosophy (Ph.D.) in Philosophy & Psychology

The University of Glasgow, Scotland, UK - GPA: 4.00/5, VERY GOOD, First-Class Honors

2020 Doctor of Philosophy (Ph.D.) in Educational Psychology / Measurement and Evaluation

American International Academy of Higher Education and Training, Delaware, USA - GPA: %92, Excellent, Distinguished

2018 Master of Educational Psychology, Measurement and Evaluation

Amman Arab University (AAU), Jordan - GPA: 3.91/4, Excellent, Distinguished

2015 Bachelor's Degree in English Language and Literature

Middle East University (MEU), Jordan - GPA: 3.95/4, Excellent, Distinguished

Research

2023 "Stress Diagnoses Using Artificial Intelligence (AI)"

- Research using AI to analyze stress levels with specialist Abdullah Aljayeh, and others.

2020 "The Effect of Using Authentic Assessment on Eighth-Grade Students' Motivation in English Language Course"

- Published study analyzing the impact of authentic assessment on student motivation.

2019 "The Effect of Using Authentic Assessment on Eighth-Grade Students' Achievement in English Language Course"

- Published paper on the effect of authentic assessment on student achievement.

2014 "The Image of Socrates between Plato and Aristophanes"

- Research analyzing portrayals of Socrates in the works of Plato and Aristophanes.

Certifications

Research Methods

- 2023 Scientific research methods using AI, IFAD Academy.
- 2023 Data sciences and Artificial Intelligence using Power BI, IFAD Academy
- 2023 Statistical analysis using SPSS, IFAD Academy
- 2023 Building a Culture of Scientific Research and Publishing with an Applied Perspective, IFAD Platform/ Turkey, Bani Walid University - Libya, Komar, University of Science and Technology -Sulaymaniyah – Iraq

- 2023 International Scientific Publishing and Management of Scientific Journals, IFAD Academy
- 2022 Skills to Succeed at University, University of Leeds
- 2022 A “pioneering path” for advanced faculty members, Imam Abdulrahman Bin Faisal University
- 2021 Developing Your Research Project, University of Southampton
- 2021 Introduction to Research Ethics: Working with People, University of Leeds
- 2021 How to Succeed in Your EPQ, University of Bath
- 2020 International Research Arbitrator, The American International Academy of Higher Education
- 2020 Academic writing and publishing, King Khalid University

Assessment and Testing

- 2023 Pupillometry: The Eye as A Window into The Mind, University of Oslo
- 2022 Dyslexia Research & Evidence-Based Best Practices, Carnegie Learning
- 2020 Learning Disabilities Diagnostic Tools, The American International Academy of Higher Education
- 2019 Specialist IQ Test training course, Jubilee Center for Excellence in Education
- 2006 Stanford- Binet Intelligence Test Training Course, Starting Over for Training and Education

Psychology and Counseling

- 2023 Emotional Intelligence at Work, Coventry University
- 2023 Psychology and Mental Health: Beyond Nature and Nurture, University of Liverpool
- 2023 Supporting Adolescent Learners: Social and Emotional Wellbeing, Griffith University
- 2023 Self-Care and Wellbeing: A Practical Guide for Health and Social Care, The University of Edinburgh, and Royal College of Physicians of Edinburgh
- 2023 What is a Mind?, University of Cape Town
- 2023 Psychological First Aid, Public Health England, UK Health Security Agency
- 2023 Personalized Care: Peer Leadership Foundation - Step One, Personalized Care Group at NIHS England And NIHS Improvement
- 2022 Autism Disorder, Al-Awali neighborhood center of the Association of Revival Centers
- 2022 Psychological Capital, Imam Abdulrahman Bin Faisal University
- 2020 Mental Disorders and Their Treatment, The Queen Rania Foundation, EDRAAK
- 2020 Emotional Intelligence and the Self, The Queen Rania Foundation, EDRAAK
- 2020 An introduction to narrative treatment for children, Noor Al Hussein Foundation, and the Danish Institute against Torture

Education and Pedagogy

- 2023 Teaching Students Who Have Suffered Complex Trauma, Queensland University
- 2022 Learn How to Learn: Powerful Mental Tools to Help You Master Tough Topics, DEEP TEACHING SOLUTIONS
- 2022 Leadership of Education Technology in Schools, Chartered College of Teaching
- 2022 Exploring Instructional Leadership in Education, British Council
- 2022 Educational Leadership: Working for Good, The University of Manchester
- 2022 Family and Technology, Childhood Welfare Association, Ministry of Human Resources and Social Development, Kingdom of Saudi Arabia
- 2020 Anti-Narcotics assistance course, Anti-Narcotics Department, Public Security Directorate
- 2020 Developmental Learning Difficulties, ATAA Academy for Special Education
- 2020 Online Teaching, The Queen Rania Foundation, EDRAAK
- 2018 Creative Teaching through NLP, Himma International Academy
- 2016 Learning Disabilities, Mind and Behavior Management Center, Kuwait

Project Management

- 2023 Leadership Skills and Change Management in Uncertain Times, Ducere Global Business School
- 2023 Learn or Leave the Market. Career and Business Development Manual, Lectera
- 2022 Inclusive Management and Leadership Skills, CIPD - Chartered Institute of Personnel and Development
- 2022 Empowering Arab women in project management, Arab Women's Media Network
- 2021 Safe investment in economic crises, The Queen Rania Foundation, EDRAAK
- 2020 Diploma in Small Enterprise Management, The American International Academy of Higher Education

Soft Skills and Career Development

- 2023 Essential Skills for Your Career Development, University of Leeds, and Institute of Coding
- 2022 Attributes of an entrepreneur, The National Center for Social Responsibility, Saudi Arabia
- 2021 Self-motivation, Victory October Academy for Culture, Training and Scientific Research
- 2021 Success and self-development skills, The Queen Rania Foundation, EDRAAK
- 2021 How to live with fear in our life, The Queen Rania Foundation, EDRAAK
- 2020 Diploma in success skills and self-development, The Queen Rania Foundation, EDRAAK
 - i. The 6 Pillars of Success
 - ii. Goal Setting and Self-Management Skills
 - iii. Communication Skills
 - iv. Managing, Organizing Time and Pressures Control
- 2020 Art of Time Management Skills, American International Academy of Higher Education and Training
- 2020 Diploma in Creativity at Work, The Queen Rania Foundation, EDRAAK
 - i. Creative Thinking, Innovation, and Invention
 - ii. Critical Thinking
 - iii. Problems Solving and Decisions Making
 - iv. Emotional Intelligence
- 2014 Diploma in Human Development, We Are All Jordan Youth Authority

Professional Development

- 2023 Training Program "You Can", Association of Marketing Greats International
- 2023 Communication and Interpersonal Skills at Work, University of Leeds
- 2023 Training of Trainers (TOT), IFAD Academy
- 2018 Training of Trainers (TOT), Focus Academy for Consulting and Training
- 2018 Training of Trainers (TOT), International College in London

Volunteering

January to June 2021 **Career Awareness and Future Jobs Initiative, Jordan**

Jordanian Ministry of Education

- Provided awareness lectures for all 10th, 11th, and 12th-grade students (2050 schools) as part of the initiative. Linked interviews (the interviews are in Arabic):
 - i. <https://www.facebook.com/watch/?v=422374178993461>
 - ii. <https://www.facebook.com/watch/?v=1053523141798198>

March to May 2018 **Stanford-Binet Intelligence Test Examine, Jordan**

Jordanian Ministry of Education

- Served as a Stanford-Binet Intelligence Test Examiner at Yacoup Hashem High School.

March to May 2013 **School Improvement Initiative, Jordan**

United Nations Relief and Works Agency, UNRWA

- Effectively contributed to implementing and developing activities to improve overall performance and enhance community communication at Jabal Amman Preparatory Mixed School.

Conferences and Webinars

Imam Muhammad bin Saud Islamic University:

- 2022 **Transformational Solutions Towards Comprehensive Development for People with Disabilities**
"The Role of Innovation in Supporting an Open and Fair World"

Neuron Learning:

- 2022 "Accelerate the reading of your dyslexic child in thirty minutes a day."
- 2022 **Connecting the Sciences of Reading and Learning: Building Language, Literacy, and Cognition for All**
- 2022 **Help dyslexic students reach their potential.**
- 2021 **Help Your Child Develop Willpower & Habits**
- 2021 **Nurture Emotional Intelligence in Your Child**
- 2021 **Brain Workouts – The Key to Longer Focus & Faster Learning**
- 2021 **Prepping the Brain for Exams**
- 2021 **Glass Half Full or Empty? Improving Our Learners' Mental Health**
- 2021 **Help for the "Lazy" Brain**
- 2021 **I Have a Learning Style – Fact or Myth?**

- 2020 Future learning is faster than you think: Elite student learning in 2030.

College Board Pre-AP:

- 2022 Accelerating Learning and Promoting Equity

INNOXERA:

- 2021 "How Covid-19 Has Affected the Edtech Sector as We Know Today", Innoxera Summit for Future Innovation in Smart Learning

T4 EDUCATION:

- 2020 The New Normal Education post-COVID-19

American International Academy of Higher Education:

- 2020 Future Vision for the World post-COVID-19

Jubilee Center for Excellence in Education:

- 2019 3rd Regional Conference for Excellence in Education, Jordan

Al Albayt University:

- 2014 National Research and Creative Conference, Jordan

Technical Skills

1. Cognitive and Intelligence Assessment:

- Conduct cognitive and intelligence assessments using recognized tests such as the WAIS and Stanford-Binet.
- Proficient in test administration, scoring, and interpretation according to standardized procedures.
- Provide diagnostic conclusions and personalized guidance based on individual strengths and weaknesses.

2. Psychometric/Clinical Assessment:

- Train clients and professionals in administering, scoring, and interpreting a wide range of psychological and mental health assessments.
- Deliver training sessions on cognitive, personality, neuropsychological, and diagnostic tests.
- Taught the theoretical foundations and clinical applications of assessment tools such as the WAIS, MMPI, Beck Depression Inventory, and more.
- Develop curriculum and course materials for psychometric training programs.
- Assessed trainees' competency in test administration and report writing skills.
- Ensure trainees understood test limitations and adhered to current ethical guidelines.
- Experience in training on specific assessments including IQ, memory, and depression/anxiety.
- Deliver a significant number of training programs/workshops annually.
- Train diverse client groups, including clinicians, students, and research assistants.

3. Cognitive Skills:

- Train and enhance cognitive abilities such as problem-solving, critical thinking, memory, attention, and reasoning in clients of all ages.
- Design and conduct training sessions targeting specific cognitive skills.
- Assess clients' cognitive strengths and weaknesses and develop personalized training programs.
- Teach strategies and techniques to improve cognitive performance in areas such as learning, multitasking, and decision-making.
- Evaluate the effectiveness of training programs through pre-and post-testing.

4. Psychological Support:

- Provide assistance and guidance to individuals who are facing emotional or psychological challenges.
- Promote mental well-being, alleviate distress, and enhance coping skills.
- Help individuals experiencing conditions like anxiety, depression, post-traumatic stress disorder (PTSD), or eating disorders.
- Work with clients to identify triggers, develop coping strategies, and manage symptoms effectively.
- Assist individuals who have gone through traumatic events such as abuse, accidents, or natural disasters.
- Help process the trauma, reduce its impact, and promote healing and resilience.
- Help in navigating challenging changes, managing emotions, and adapting to new circumstances.
- Help by offering techniques to manage stress, improve resilience, and promote overall well-being.

- Help individuals gain insight into themselves, enhance self-esteem, and cultivate healthier relationships.
- Deliver support through various therapeutic approaches, including cognitive-behavioral therapy (CBT), psychodynamic therapy, mindfulness-based techniques, and more.

5. Evaluation Techniques:

- Familiarity with various evaluation approaches including formative, summative, goal-based, and outcome-based evaluation.
- Understanding of quantitative and qualitative evaluation methods.

6. Statistical Analysis:

- Proficient in statistics, statistical methods, experimental design, data analysis, hypothesis testing, etc.
- Skilled in software applications including SPSS, SAS, R, and Stata.

7. Survey Design and Administration:

Competent in creating effective survey instruments, sampling techniques, data collection methods (online, phone, in-person), and survey methodology.

8. Information Literacy:

Skilled in finding, evaluating, managing, and communicating information from diverse sources.

9. Research Methods:

Proficient in different research paradigms, research designs, and data collection methods.

10. Assessment and Measurement Techniques:

Knowledge of standards-based assessment, test construction, psychometrics, and item analysis.

11. Project Management:

Ability to plan, implement, and manage evaluation and research projects within specified timelines and budgets.

Personal Attributes

Communication skills: Proficient in written, verbal, and listening skills, allowing effective communication with others.

Problem-solving skills: Able to analyze issues and find practical solutions.

Leadership skills: Capable of leading teams, motivating others, and delegating tasks.

Teamwork skills: Skilled in collaborating effectively and fostering a team-oriented spirit.

Organizational skills: Experienced in planning, time management, and attention to detail.

Flexibility and adaptability: Capable of adapting to changing priorities and environments.

Initiative: Able to work independently, take ownership of tasks, and show proactive behavior.

Attention to detail: Exhibits accuracy and thoroughness in work.

Time management skills: Skilled in meeting deadlines and effectively prioritizing workload.

Creative and analytical thinking skills: Possesses the ability to think creatively and analytically to generate innovative solutions.

Multitasking abilities: Capable of effectively handling multiple tasks simultaneously.

Conflict resolution skills: Proficient in mediating and resolving disputes.

Interpersonal skills: Proficient in building rapport and developing positive relationships with others.

Self-motivated and able to work with minimal supervision.